

Delaware Valley In-Person Education Programs



No one should face dementia alone. Join us for our series of in-person education programming.

Registration is required. Click a registration link below or call **800.272.3900.**

To find programs available on-demand, visit alz.org/education.

Monday, October 3 — 10-11 a.m. — Understanding Alzheimer's and Dementia

Attend to learn the basics of Alzheimer's and dementia. Explore what happens in a brain impacted by the disease and understand risk factors and three general disease stages. Learn about FDA-approved medications for treating symptoms, hear about the latest research and become familiar with Alzheimer's Association resources. Hosted by CHEER Milton.

CHEER Milton
4855 Broadkill Road
Milton, DE 19968
<https://action.alz.org/mtg/87183939>

Tuesday, October 4 — 9-10 a.m. — 10 Warning Signs of Alzheimer's

This program will help people recognize common signs of the disease. We'll explore typical age-related changes, explain the importance of early detection and the benefits of diagnosis, and identify helpful Alzheimer's Association resources. Hosted by St. Vincent De Paul Church's Nursing Ministry.

St. Vincent De Paul Church
5021 Harding Highway
Mays Landing, NJ 08330
<https://action.alz.org/mtg/86908829>

Monday, October 10 — 10:30-11:30 a.m. — 10 Warning Signs of Alzheimer's

This program will help people recognize common signs of the disease. We'll explore typical age-related changes, explain the importance of early detection and the benefits of diagnosis, and identify helpful Alzheimer's Association resources. Hosted by Lewes Library.

Lewes Library
111 Adams Avenue
Lewes, DE 19958
<https://action.alz.org/mtg/86908613>

Wednesday, October 12 — 6-7 p.m. — 10 Warning Signs of Alzheimer's + Understanding Alzheimer's and Dementia

Hosted by Our Lady of Peace Parish.
Our Lady of Peace Parish
32 Carroll Avenue Williamstown, NJ 08094
<https://action.alz.org/mtg/86429524>

Wednesday, October 19— 4-5 p.m. — Healthy Living for Your Brain and Body

Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and tools to incorporate these recommendations into a plan for healthy aging. Hosted by Northeast Library.

Northeast Library

2228 Cottman Avenue

Philadelphia, PA 19149

<https://action.alz.org/mtg/86586118>

Monday, October 24 — 10:30-11:30 a.m. — Understanding Alzheimer's and Dementia

Attend to learn the basics of Alzheimer's and dementia. Explore what happens in a brain impacted by the disease and understand risk factors and three general disease stages. Learn about FDA-approved medications for treating symptoms, hear about the latest research and become familiar with Alzheimer's Association resources. Hosted by Lewes Library.

Lewes Library

111 Adams Avenue

Lewes, DE 19958

<https://action.alz.org/mtg/86930444>

Monday, October 24 — 3-4 p.m. — Understanding and Responding to Dementia-Related Behavior

Behavior is a powerful form of communication and is one of the primary ways people living with dementia communicate their needs. However some behaviors can present challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common triggers and learn strategies to help manage some of the most common behavioral challenges of dementia. Hosted by Arbor Terrace.

Arbor Terrace

785 Centerton Avenue

Mt. Laurel, NJ 08054

<https://action.alz.org/mtg/86912769>

Tuesday, October 25 — 3:30-4:30 p.m. — Effective Communication Strategies

Attend to understand how persons with dementia communicate using attitude, tone, facial expression and body language. Learn to decode verbal and behavioral messages and connect in new ways. Hosted by Whitman Library.

Whitman Library

200 Snyder Avenue

Philadelphia, PA 19148

<https://action.alz.org/mtg/86057798>

Wednesday, November 2 — 6-7 p.m. — Understanding Alzheimer's and Dementia

Attend to learn the basics of Alzheimer's and dementia. Explore what happens in a brain impacted by the disease and understand risk factors and three general disease stages. Learn about FDA-approved medications for treating symptoms, hear about the latest research and become familiar with Alzheimer's Association resources. Hosted by Henrietta Hankin Branch Library.

Henrietta Hankin Branch Library

215 Windgate Drive

Chester Springs, PA 19425

<https://action.alz.org/mtg/86743650>

Wednesday, November 2 — 1:30-2:30 p.m. — Introduction to Alzheimer's

Hosted by Laurel Library.

Laurel Library
101 E. 4th Street
Laurel, DE 19958

<https://action.alz.org/mtg/87008031>

Wednesday, November 9 — 1:30-2:30 p.m. — 10 Warning Signs of Alzheimer's

This program will help people recognize common signs of the disease. We'll explore typical age-related changes, explain the importance of early detection and the benefits of diagnosis, and identify helpful Alzheimer's Association resources. Hosted by Laurel Library.

Laurel Library
101 E. 4th Street
Laurel, DE 19958

<https://action.alz.org/mtg/86908412>

Wednesday, November 9 — 6-7 p.m. — Effective Communication Strategies + Understanding and Responding to Dementia-Related Behavior

Hosted by Our Lady of Peace Parish.

Our Lady of Peace Parish
32 Carroll Avenue
Williamstown, NJ 08094

<https://action.alz.org/mtg/86429524>

Tuesday, November 15 — 11 a.m. – 12 p.m. — 10 Warning Signs of Alzheimer's

This program will help people recognize common signs of the disease. We'll explore typical age-related changes, explain the importance of early detection and the benefits of diagnosis, and identify helpful Alzheimer's Association resources. Hosted by Aston Township Community Center.

Aston Township Community Center Gymnasium
3270 Concord Road
Aston, PA 19014

<https://action.alz.org/mtg/86743627>